

## Recognizing Shock Flowchart

| Clinical signs |                          | Hypovolemic shock   | Distributive shock  | Cardiogenic shock  | Obstructive shock |
|----------------|--------------------------|---|---------------------|--------------------|-------------------|
| Airway         | Patency                  | Airway open and maintainable/not maintainable                         |                     |                    |                   |
| Breathing      | Respiratory rate         | Increased   |                     |                    |                   |
|                | Respiratory effort       | Normal to increased   |                     | Labored            |                   |
|                | Breath sounds            | Normal  | Normal (± crackles) | Crackles, grunting |                   |
| Circulation    | Systolic blood pressure  | Compensated shock can progress to hypotensive shock if left untreated |                     |                    |                   |
|                | Pulse pressure           | Narrow  | Variable            | Narrow             |                   |
|                | Heart rate               | Increased   |                     |                    |                   |
|                | Peripheral pulse quality | Weak  | Bounding or weak    | Weak               |                   |
|                | Skin                     | Pale, cool  | Warm or cool        | Pale, cool         |                   |
|                | Capillary refill         | Delayed   | Variable            | Delayed            |                   |
|                | Urine output             | Decreased   |                     |                    |                   |
| Disability     | Level of consciousness   | Irritable early, lethargic late                                       |                     |                    |                   |
| Exposure       | Temperature              | Variable  |                     |                    |                   |